



Kingman County Health Department

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Health Department annual flu vaccine kick-off is Sept. 19

The Kingman County Health Department will start offering the annual flu vaccine to the public on Monday, Sept. 19.

Two vaccines will be available:

- High-dose Flu Vaccine, for people age 65 and older;
- Quadrivalent Flu Vaccine for everyone else (ages 6 months to 64 years).

The live nasal flu vaccine that was available in past years for children will not be available this year. The Centers for Disease Control (CDC) has found that it was not very effective at fighting the most dangerous flu viruses.

Even though flu activity is now low, the CDC does expect flu-related illnesses to increase over the next few weeks. Getting your flu vaccine now will help protect you from flu-like illness throughout the entire flu season, which can last until early summer.

Almost everyone over 6 months of age is encouraged to get vaccinated from the flu, especially those who already deal with chronic health problems, pregnant women, and anyone who comes in close contact with people at high risk of becoming seriously ill from the flu.

The Health Department asks that anyone interested in getting the flu vaccine call the office first at 620-532-2221 to check for nurse availability before coming in. Preference will be given to those with an appointment.

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