



Kingman County Health Department

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Annual flu vaccine available Sept. 29

The Kingman County Health Department will start offering the annual flu vaccine to the public on Tuesday, Sept. 29.

Flu vaccines available this year from the Health Department are the Quadrivalent Flu Vaccine, which helps prevent the four flu strains most likely to cause the most problems this flu season, and the High-Dose Flu Vaccine, which provides the best flu protection for those aged 65 years and older.

Almost everyone over 6 months of age is encouraged to get vaccinated from the flu, especially those who already deal with chronic health problems, pregnant women, and anyone who comes in close contact with people at high risk of becoming seriously ill from the flu.

For more information on how to get a flu shot, please call the Kingman County Health Department at 620-532-2221.

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